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On December 21, the Winter Solstice, the 13 Holy Nights begin.

The 13 Days of the portal for the following year begin on December 21st, the Equinox.

The 13 Holy Nights are symbols for the 12 forces of the soul that live in us, which reveal themselves through the zodiac, and the 13th culmination.

And so this indication is valid forever, not only for the 13 Holy Nights.

On December 22, 23, & 24 and December 25th is the rebirth of the Sun (Son) and hope returns as the days start getting longer, and on January 1 at noon we have the Sun as close as possible to the Earth.

These nights, and days are the darkest of the year, are closest to the Sun's Spirit, and this means that the Spiritual Sun shining from inside the Earth makes it translucent and illuminates everything from the inside, not as it is afterwards when the Sun illuminates the Earth from above, from the outside.

| New Moon | 1 st Quarter | Full Moon | Last Quarter | |
|------------------------|-------------------------|-----------------------|------------------------|--------------|
| Dec. 30, Mon 03:27 PM | Jan. 6, Mon 04:57 PM | Jan. 13, Mon 03:27 PM | Jan. 21, Tue 01:32 PM | Capricorn |
| Jan. 29, Wed 05:37 AM | Feb. 5, Wed 01:03 AM | Feb. 12, Wed 06:54 AM | Feb. 20, Thu 10:34 AM | Aquarius |
| Feb. 27, Thu 05:46 PM | Mar. 6, Thu 09:33 AM | Mar. 14, Fri 12:55 AM | Mar. 22, Sat 05:32 AM | Pisces |
| Mar. 29, Sat 05:00 AM | Apr. 4, Fri 08:16 PM | Apr. 12, Sat 06:23 PM | Apr. 20, Sun 07:37 PM | Aries |
| Apr. 27, Sun 01:33 PM | May 4, Sun 07:53 AM | May 12, Mon 10:58 AM | May 20, Tue 06:00 AM | Taurus |
| May 26, Mon 09:04 PM | June 2, Mon 09:41 PM | June 11, Wed 01:46 AM | June 18, Wed 01:20 PM | Gemini |
| June 25, Wed 04:33 AM | July 2, Wed 01:30 PM | July 10, Thu 02:38 PM | July 17, Thu 06:39 PM | Cancer |
| July 24, Thu 01:12 PM | Aug. 1, Fri 06:41 AM | Aug. 9, Sat 01:57 AM | Aug. 15, Fri 11:14 PM | Leo |
| Aug. 23, Sat 12:07 AM | Aug. 31, Sun 12:25 AM | Sept. 7, Sun 12:10 PM | Sept. 14, Sun 04:35 AM | Virgo |
| Sept. 21, Sun 01:54 PM | Sept. 29, Mon 05:54 PM | Oct. 6, Mon 09:48 PM | Oct. 13, Mon 12:14 PM | Libra |
| Oct. 21, Tue 06:25 AM | Oct. 29, Wed 10:22 AM | Nov. 5, Wed 06:20 AM | Nov. 11, Tue 10:29 PM | Scorpio |
| Nov. 19, Wed 11:48 PM | Nov. 27, Thu 11:59 PM | Dec. 4, Thu 04:15 PM | Dec. 11, Thu 01:52 PM | Sagittarius |
| Dec. 19, Fri 06:44 PM | Dec. 27, Sat 12:10 PM | Jan. 3, Sat 03:04 AM | Jan. 10, Sat 08:49 AM | Capricorn 26 |

The "**Holy Nights**" that begin with the **Winter Solstice (around December 21)** and extend through **January 1**.

This period, which Steiner did indeed refer to as a time of spiritual renewal, is sometimes associated with a more condensed practice of **13 nights** (counting from December 21 to January 1), distinct from the 12 days of Christmas (December 25–January 6).

The Winter Solstice & Holy Nights (Dec 21–Jan 1)

In this context, Steiner and anthroposophical tradition emphasize the **Winter Solstice (December 21)** as a crucial turning point in the spiritual year. The **Holy Nights** that follow the Solstice symbolize a time for deep **soul work** and spiritual reflection, marking a time when the earthly and spiritual worlds are particularly aligned.

The practice focuses on a **13-night cycle**, with each night associated with **a different aspect of spiritual development, self-transformation, or divine insight**. The key principle is that during this period, the human soul can align itself with cosmic rhythms and engage in inner work that prepares it for the year ahead.

The "13 Holy Nights" Practice

Rudolf Steiner suggested that, beginning at the Winter Solstice (Dec. 21), these **13 nights** offer an opportunity for deep reflection and inner transformation, and that each night corresponds symbolically to **one month of the coming year**. The spiritual themes or meditative content of each night aligns with the **12 months of the year**, and the **13th night** represents the “**gateway**” to the future year.

Here’s an outline of how this might unfold in the **13-night cycle**, beginning with the **Solstice, beginning on P. 4**

Practical Aspects of the Practice:

During the **13 Holy Nights**, practitioners might engage in several practices:

1. **Daily Meditation:** Focusing on one theme each night, meditating on its meaning and how it relates to one's life.
2. **Dream Journaling:** The Holy Nights are also a time when spiritual influences are believed to affect our dreams, and recording them can help track insights.
3. **Creative Expression:** Some people express their inner reflections through art, music, or other creative outlets, which can amplify the meditative work.
4. **Contemplation and Prayer:** Using prayer to seek deeper alignment with spiritual beings or guidance from Christ.
5. **Rituals:** You might light a candle each night, read spiritual texts, or create a quiet space to allow for contemplation.

The Importance of the 13th Night

The **13th night** is often seen as a **culmination** of the spiritual work of the previous nights. It’s a time when all of the reflections, insights, and meditations come together, serving as a **gateway** to the new year. Steiner emphasized that this final night is an important moment for **spiritual commitment**—a

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time to deepen one's connection with divine purpose and to prepare for the spiritual tasks of the upcoming year.

Combining the 13 Holy Nights (a spiritual tradition from Rudolf Steiner) with the Tarot's Major Arcana and the Kabbalah, provides a rich opportunity for self-reflection and spiritual development through the winter solstice period. The Holy Nights run from December 21 to January 1, each night being connected with a specific theme of spiritual insight. By associating each Holy Night with a Tarot card from the Major Arcana, we can deepen our connection to both traditions.

Here's a proposed way to combine the 13 Holy Nights with the Major Arcana and the Kabbalah, starting with December 21 and ending on January 1:

1st Holy Night: December 21 (Winter Solstice)

Capricorn

Related to January

Begin the Artwork during New Moon: December 30, 2024 through the Full Moon – January 13 and onward through the Last Quarter before the next New Moon.

Contemplate Capricorn
Cardinal Earth, Saturn (Limitation)

Cosmic Birth and Renewal

This night marks the **spiritual birth of the Christ being** into the world of human consciousness. It's a time to reflect on the **cosmic significance of light** and rebirth.

Focus: Renewal, the potential for spiritual awakening, and inner illumination.

Kabbalah Night 1: Winter Solstice - Keter (Crown)

Theme: Divine Unity, Source of All Creation

Kabbalistic Focus: Keter is the highest Sefirah and represents the divine will or source of all life. The Winter Solstice marks the moment of deepest darkness, but also the return of the light, as the days slowly begin to lengthen. On this night, focus on the deep sense of unity, oneness with the Source of all, and the primal creative energy that exists before all manifestation.

Practice: Meditation on the infinite nature of the Divine, visualizing the divine light that emerges from the darkness, and feeling the interconnectedness of all beings.

1. December 21 (Winter Solstice) – The Fool (0)

- **Theme:** A new beginning, innocence, and potential.
- **Connection to Holy Nights:** The first night marks the beginning of the soul's renewal cycle. It's a time of opening up to new possibilities and trusting the unknown. Just as The Fool steps into the unknown, we are invited to let go of past burdens and start afresh.

Dr. Paul Foster Case, founder of the Builders of The Adytum and creator of the B.O.T.A. Tarot <https://www.bota.org/> said that it was by coloring in the deck that you would DRAW in the images into your subconscious, so this could be an activity to do during this time, following the colors...

Yellow is the predominant color of the Solar Plexus, which is the Will - this card is about giving your will over to the Higher Will...through Prayer and Meditation and Action.





0

THE FOOL



2nd Holy Night: December 22; Aquarius

Related to February

Begin the Artwork during New Moon; January 29 – Continue through the Full Moon – February 12 and on through the Last Quarter, before the next New Moon Contemplate Aquarius (Uranus and Saturn)
Chaos and Limitation

Soul and Spirit

Contemplating the relationship between the **soul** and the **spirit**. The soul is seen as the inner vehicle for spiritual growth, and this night might focus on how we can purify the soul to receive divine inspiration.

Focus: The journey of the soul, purification, and spiritual ascent.

Night 2: Chochmah (Wisdom)

- **Theme:** Intuitive Knowledge, Illumination
- **Kabbalistic Focus:** Chochmah is the divine wisdom that sparks creation and inspires intuitive understanding. On this night, allow yourself to open to flashes of insight or intuitive wisdom. It's a time to cultivate clarity and direct knowing that goes beyond intellectual thought.
- **Practice:** Contemplate moments of insight or understanding in your life. Open yourself to receiving new wisdom, and ask for divine guidance as you begin a new cycle.

2. December 22 – The Magician (I)

- **Theme:** Manifestation, creativity, and power.
- **Connection to Holy Nights:** This night is about beginning to recognize your inner resources and talents. The Magician teaches that everything you need for transformation is already within you. The focus is on self-empowerment and the potential to create your reality.





1

THE MAGICIAN



3rd Holy Night: December 23; Pisces

Related to March

Begin the Artwork during New Moon; Feb 27 – Continue through the Full Moon – March 14, and onward through the Last Quarter before the next New Moon.
Contemplate Jupiter and Neptune (Illusion and Mysticism)

Self-Awareness

This night brings a focus on **self-awareness and self-reflection**, looking at our strengths and weaknesses.

Focus: Awakening to our higher spiritual potential, cultivating clarity and understanding of self.

Night 3: Binah (Understanding)

Theme: Divine Understanding, Discernment

Kabbalistic Focus: Binah is the Sefirah of understanding and insight. It is the receptive, nurturing force that allows wisdom to take root and grow. On this night, focus on cultivating inner understanding, clarity, and discernment.

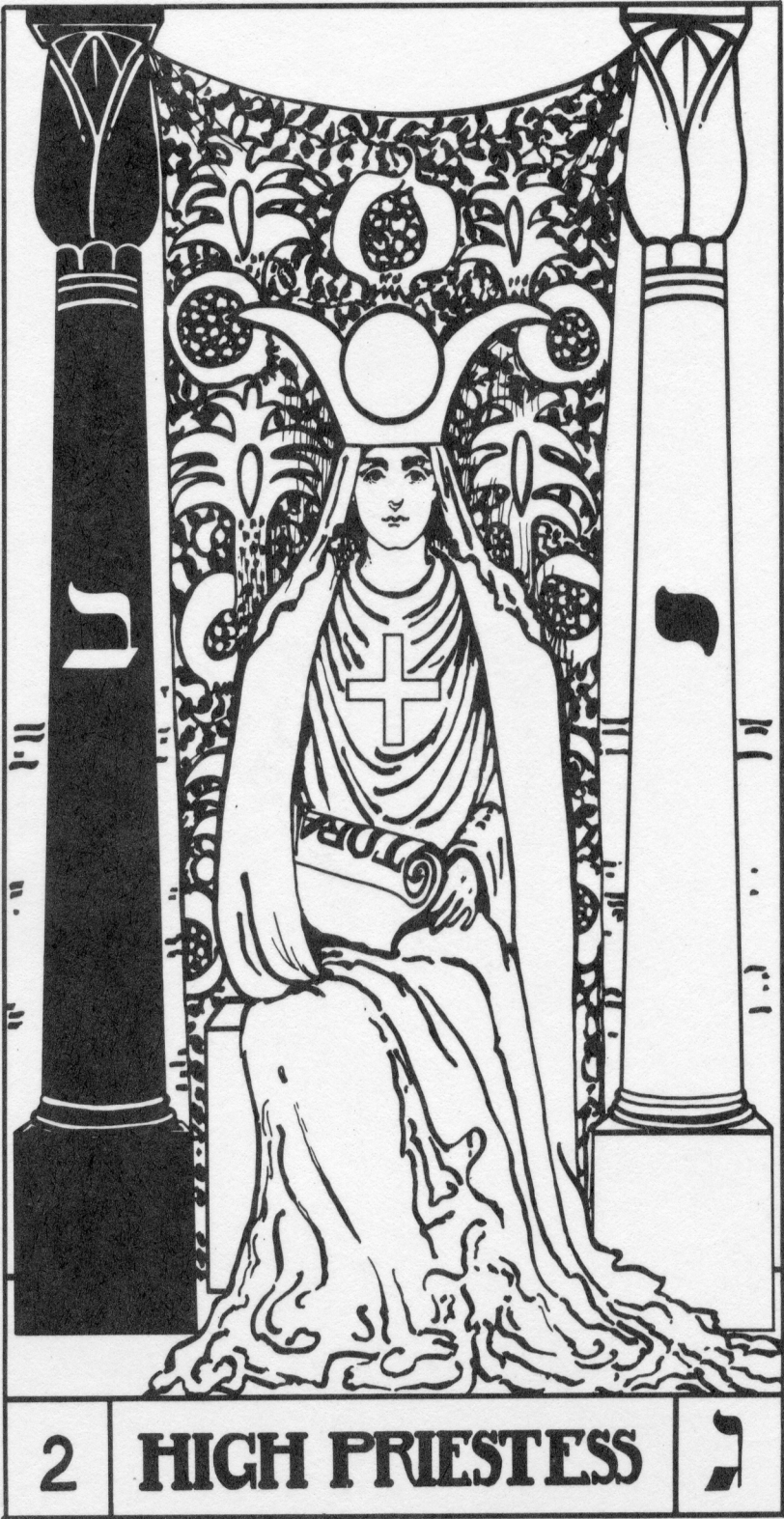
Practice: Reflect on areas in your life where you seek deeper understanding or the ability to process wisdom more fully. Meditate on how wisdom is being manifested in your life and how you can integrate it more consciously.

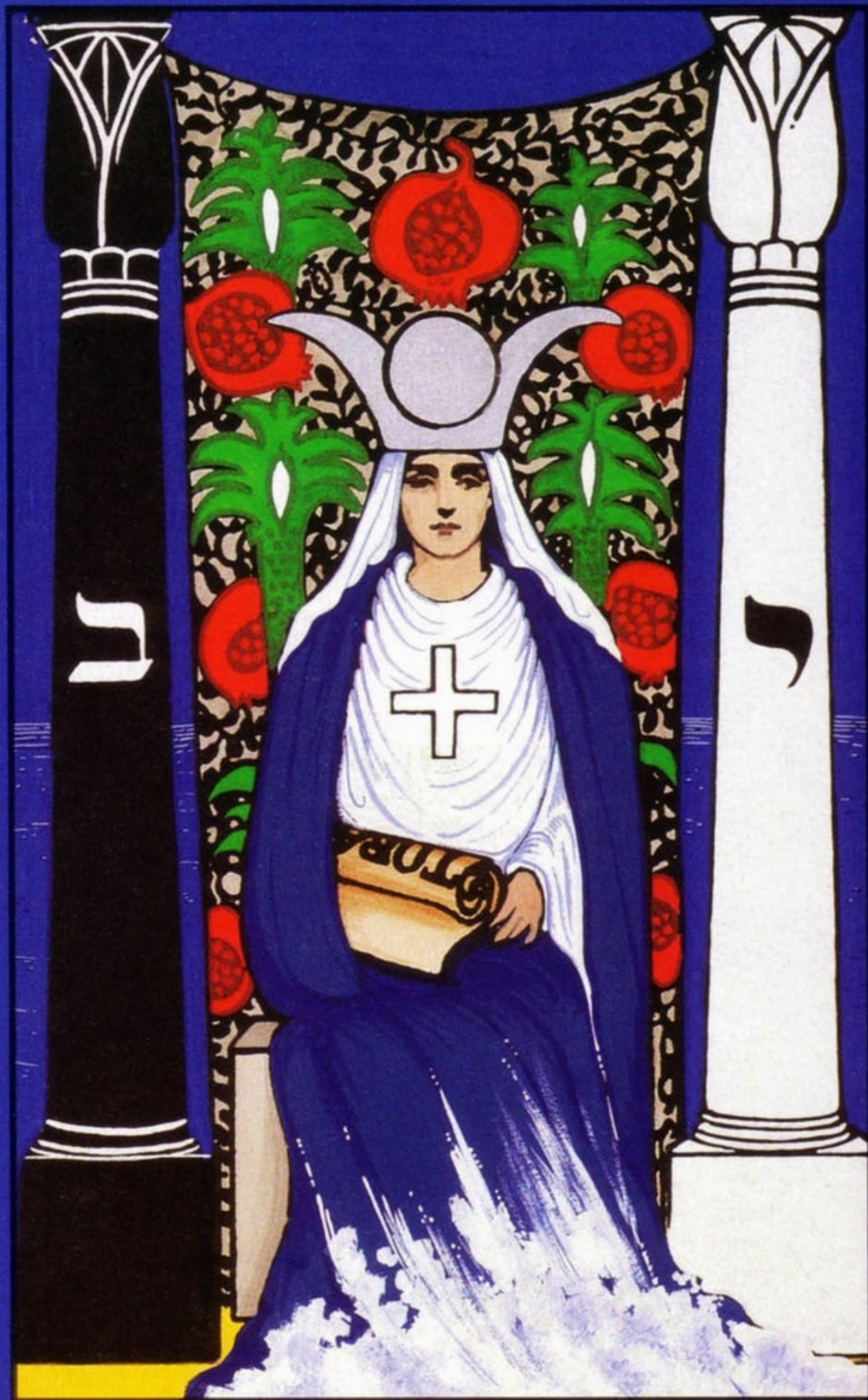
3. December 23 – The High Priestess (II)

Theme: Intuition, wisdom, and the unconscious.

Connection to Holy Nights: As the days grow shorter, the invitation here is to connect to the deeper, hidden wisdom within you. The High Priestess encourages stillness, listening to your intuition, and trusting the inner voice that often guides in subtle, hidden ways.

Blue is Intuition, Feminine, Corresponds with the Third Eye Chakra.





2

HIGH PRIESTESS



4th Holy Night: December 24; Aries

Related to April

Begin the Artwork during New Moon; March 29 – Continue on through the Full Moon – April 12 and continue through the Last Quarter before the next New Moon.

Contemplate Mars

Humanity and Christ

Reflecting on the **birth of Christ** and what it means for human evolution. Steiner emphasized Christ's role as the spiritual light for humanity.

Focus: Christ's spiritual significance and our connection to the Divine.

Night 4: Chesed (Loving-kindness)

Theme: Compassion, Love, Generosity

Kabbalistic Focus: Chesed is the Sefirah of mercy, love, and expansiveness. It represents the infinite love of God and the ability to give without limitation. On this night, focus on embodying unconditional love, both for yourself and for others.

Practice: Engage in acts of kindness or simply meditate on love in its purest form—without condition, expectation, or attachment. Cultivate gratitude for the love in your life.

4. December 24 – The Empress (III)

Theme: Nurturing, abundance, and creation.

Connection to Holy Nights: The Holy Night of December 24 is often a time of family, reflection, and gratitude. The Empress embodies nurturing and care, encouraging us to cultivate compassion, love, and gratitude in our lives, and to honor the natural abundance that surrounds us.

Green is the Heart Chakra as well as the color of Mother Earth



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| 3 | THE EMPRESS | 7 |
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3

THE EMPRESS

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5th Holy Night: December 25 (Christmas); Taurus

Related to May

Begin the Artwork during New Moon; April 27 – Continue through the Full Moon – May 12 and onward through the Last Quarter and up to the following New Moon.

Contemplate Venus

Christ's Cosmic Light (birth of the SUN)

Celebrating the **spiritual birth of Christ** and the potential to receive light into the soul.

Focus: Embracing the spiritual light and love Christ offers to all beings.

Night 5: Gevurah (Strength)

Theme: Discipline, Boundaries, Justice

Kabbalistic Focus: Gevurah represents strength, discipline, and the power to act with precision and boundaries. It is the counterbalance to Chesed's expansiveness. This night invites you to reflect on where you need to assert boundaries, bring discipline, or act with strength and courage.

Practice: Meditate on where in your life you need to establish stronger boundaries, bring more structure, or stand firm in your personal power. Ask for strength to carry out your intentions with integrity.

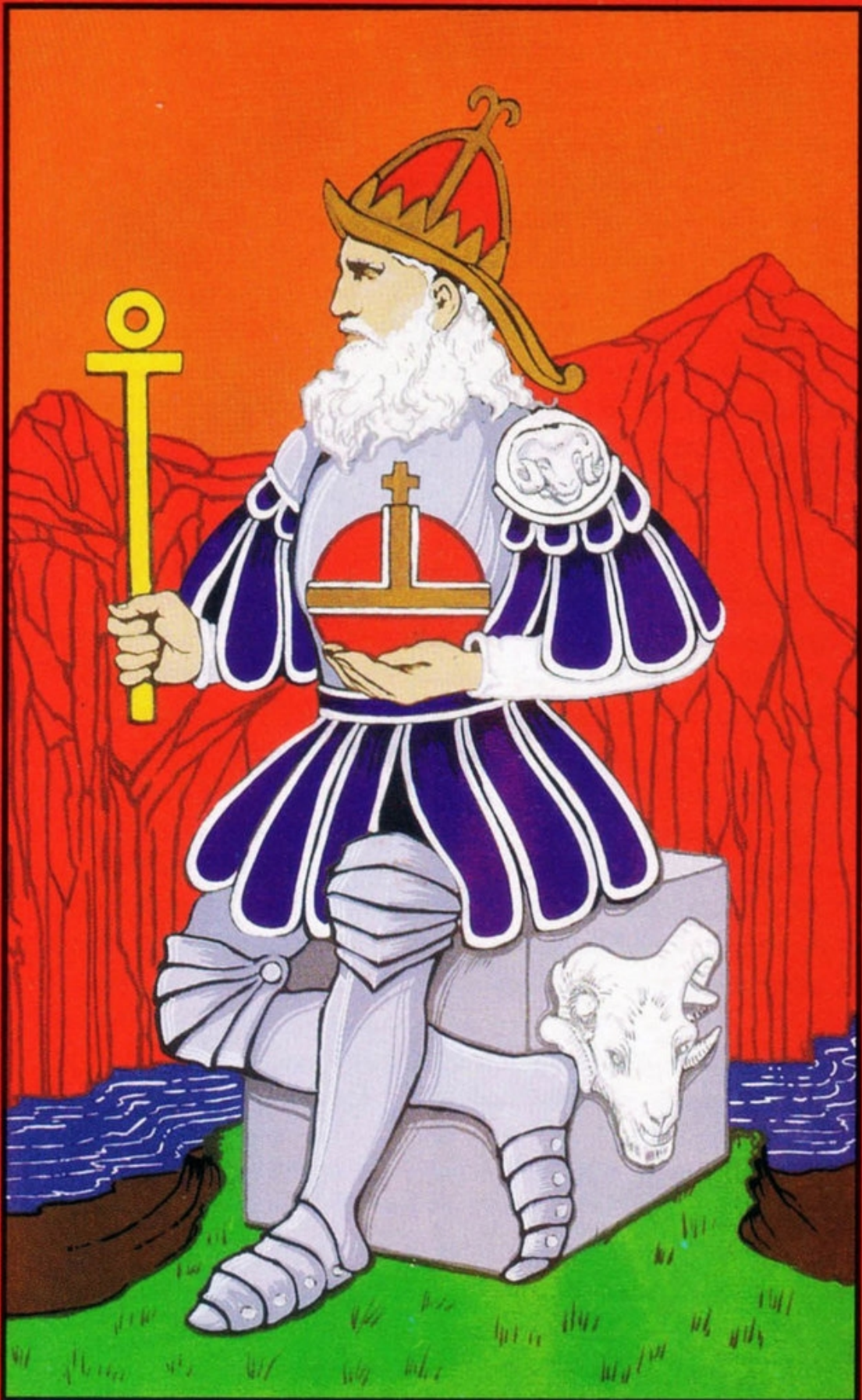
5. December 25 – The Emperor (IV)

Theme: Structure, authority, and stability.

Connection to Holy Nights: December 25 represents a turning point in the Holy Nights, a time when we receive the light of wisdom. The Emperor embodies the principle of order, discipline, and leadership, calling for a balance of authority with love in our relationships and endeavors.

Red is Masculine. The Root Chakra, Stability, Security.





4

THE EMPEROR

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6th Holy Night: December 26; Gemini

Related to June

Begin the Artwork during New Moon; May 26 – Continue through the Full Moon – June 11 and onward through the Last Quarter and up to the next New Moon.

Contemplate Mercury

The Birth of the Individual

Reflecting on **individualization** and the development of unique human potential.

Focus: Personal growth, authenticity, and becoming who you are meant to be.

Night 6: Tiferet (Beauty, Harmony)

Theme: Balance, Inner Beauty, Integration

Kabbalistic Focus: Tiferet is the Sefirah of beauty, harmony, and balance. It is the synthesis of both love (Chesed) and strength (Gevurah). On this night, reflect on how you can bring balance into your life, integrating the various polarities within you (light and dark, strength and softness).

Practice: Contemplate the beauty in your life, in your inner being, and in the world around you. Reflect on how you can create harmony within yourself and in your relationships.

6. December 26 – The Hierophant (V)

Theme: Tradition, guidance, and spiritual wisdom.

Connection to Holy Nights: This night focuses on connecting with higher guidance—whether through tradition, religion, or spiritual teachings. The Hierophant asks us to seek out wisdom from the elders or spiritual leaders in our lives, as well as to connect with the traditions that ground us, while also being sure not to let other people or rituals stand in the place of our personal connection to the Divine.

Gray is a blending of black and white energies which comes from the wisdom of the elders.





5

HIEROPHANT

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7th Holy Night: December 27; Cancer

Related to July

Begin the Artwork during New Moon: June 25 – Continue through the Full Moon – July 10 and on through the Last Quarter before the next New Moon.

Contemplate the Moon

Will and Action

Strengthening **willpower** and resolve in the face of challenges, and finding inner courage to act on one's highest calling.

Focus: The power of the will and how to align it with spiritual purpose.

Night 7: Netzach (Victory, Eternity)

Theme: Persistence, Willpower, Victory

Kabbalistic Focus: Netzach represents the enduring quality of victory, persistence, and the drive to overcome obstacles. It is the force that propels you forward. On this night, reflect on your long-term goals and the strength required to see them through.

Practice: Reflect on what goals you wish to achieve in the coming year. Meditate on the persistence and willpower you need to move past obstacles and challenges.

7. December 27 – The Lovers (VI)

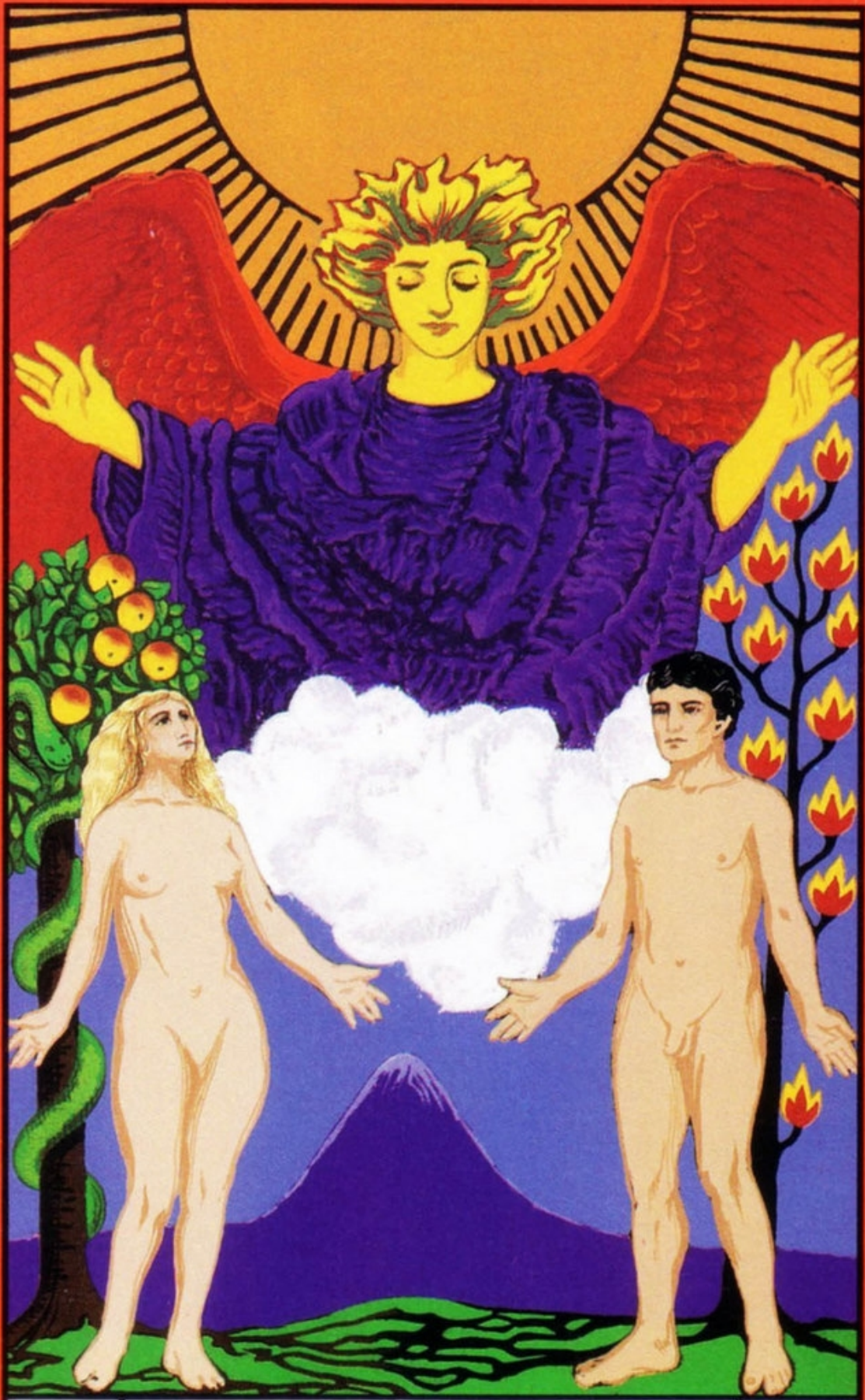
Theme: Union, choices, and relationships.

Connection to Holy Nights: A time for reflecting on relationships and the choices we make that define them. The Lovers card invites us to consider how we form connections and how we align ourselves with our true purpose. It's also a call to balance our inner masculine and feminine energies.

Orange corresponds to the sacral chakra, and purple to the Crown Chakra. So this card is a lot about family, emotions, and the Higher Family connection. It's about brain balance – the masculine and feminine – Mental Gender – so that the Higher Neocortex can function.



6 THE LOVERS 7



6

THE LOVERS

7

8th Holy Night: December 28; Leo

Related to August

Begin the Artwork during New Moon; : July 24– Continue on through the Full Moon – August 9 and through the Last Quarter before the following New Moon.

Contemplate the Sun

Love and Compassion

Developing **compassion** and **love** for others, especially in difficult situations. Love as a transformative force.

Focus: The heart's power to heal and unite.

Night 8: Hod (Glory, Splendor)

Theme: Clarity, Humility, Gratitude

Kabbalistic Focus: Hod represents the quality of humility, receptivity, and clarity. It is about understanding the glory of the Divine in all things and approaching life with gratitude. On this night, focus on surrender and acknowledging the beauty of the Divine in the small details of life.

Practice: Contemplate the areas of your life where you can express more gratitude and humility. Reflect on how you can open yourself to divine beauty through greater receptivity.

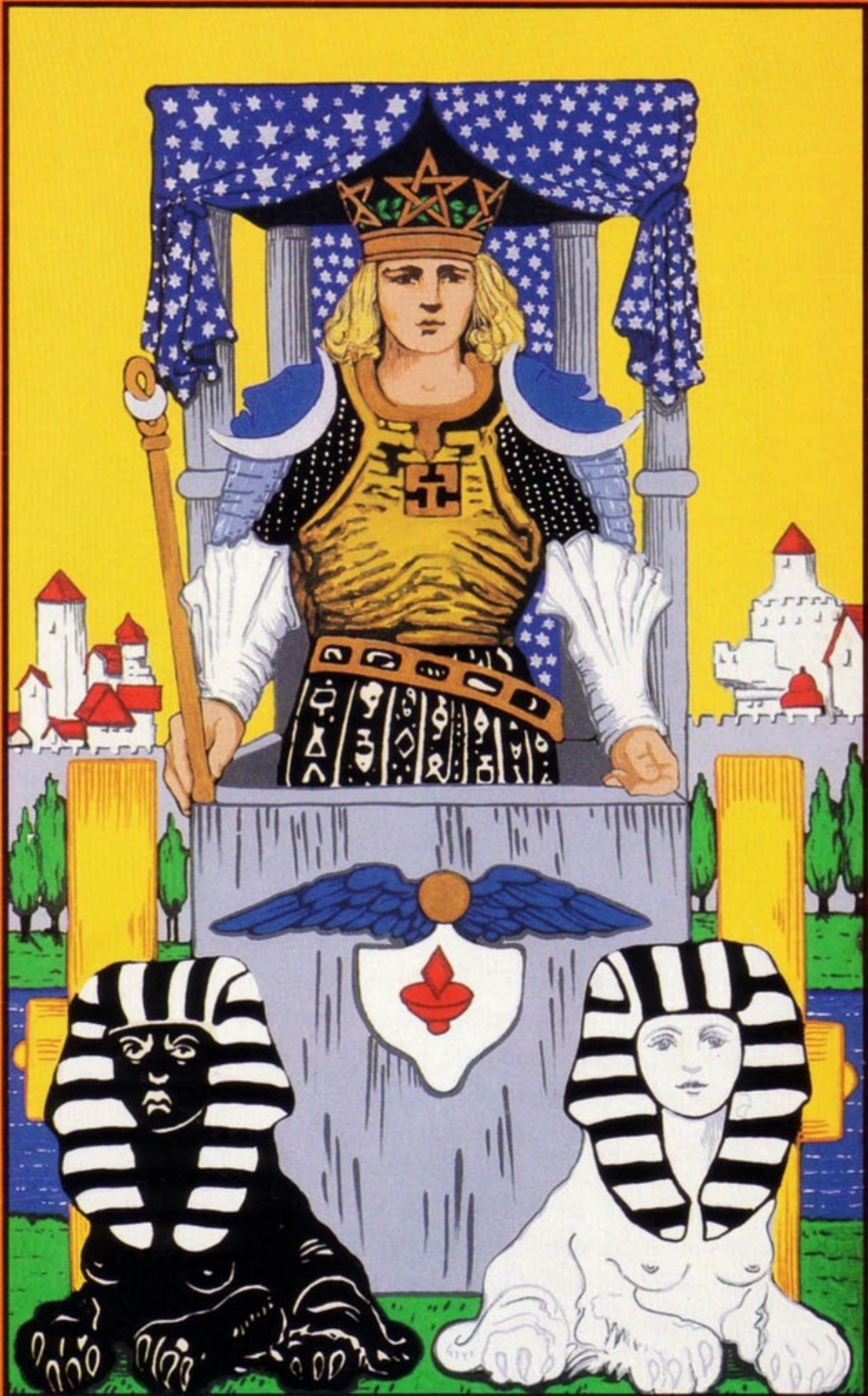
8. December 28 – The Chariot (VII)

Theme: Willpower, determination, and victory.

Connection to Holy Nights: The energy of this night is about movement, direction, and harnessing one's will. The Chariot asks us to find inner strength and focus, pushing us toward our goals with confidence and resilience. The Holy Night here encourages a sense of purpose as we enter the second half of this sacred period.

Black and White are about the checkerboard floor of the Masonic Temple, whereby the unaware do not realize where they step – in good or bad – they are not aware – hence the black and white sphynxes represent the opposing forces of male and female which must be balanced by free will and the sphynxes themselves represent a riddle that must be answered.





7

THE CHARIOT

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9th Holy Night: December 29, Virgo

Related to September

Begin the Artwork during New Moon; August 23 – Continue through the Full Moon – September 7
and on through the Last Quarter
Contemplate Mercury

Wisdom and Insight

A time for deep **reflection and inner wisdom**, learning to listen to higher spiritual guidance.

Focus: Developing spiritual insight and discernment.

Night 9: Yesod (Foundation)

- **Theme:** Connection, Grounding, Manifestation
- **Kabbalistic Focus:** Yesod is the foundation that links the higher spiritual realms (the intellectual and emotional) to the physical world. It represents the deep connection to your inner self and the earth. This night focuses on grounding spiritual practices in the physical world and connecting to your deeper roots.
- **Practice:** Meditate on how you can create a stronger foundation in your life. Reflect on your spiritual practices and how you can manifest them more concretely in the world.

9. December 29 – Strength (VIII)

- **Theme:** Courage, inner strength, and compassion.
- **Connection to Holy Nights:** A time to connect with the deep well of inner strength that resides within us. Strength teaches us that true power is gentle and compassionate. On this night, we reflect on how we might transform challenges into opportunities for growth.

Yellow – Higher Will

White - Purity

Red – Root Chakra

Green – Heart Chakra

Blue – Indigo - Intuition



8

STRENGTH

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8

STRENGTH



10th Holy Night: December 30, Libra

Related to October

Begin the Artwork during New Moon: September 21 – Continue through the Full Moon – October 6
and onward through the Last Quarter
Contemplate Venus

Healing and Renewal

Reflecting on **healing**, both physically and spiritually, and understanding the transformative power of healing energy.

Focus: Inner healing and renewal of body, mind, and spirit.

Night 10: Malkhut (Sovereignty, Kingdom)

Theme: Manifestation, Sovereignty

Kabbalistic Focus: Malkhut represents the material world, sovereignty, and the manifestation of divine energy in the physical realm. It is the culmination of all the energies of the Sefirot and the manifestation of the Divine in the world. On this night, focus on the ways in which divine will is manifest in the world and in your life.

Practice: Reflect on how you can embody your highest ideals in the physical world. Consider how you can bring more spiritual presence into your daily life and interactions.

10. December 30 – The Hermit (IX)

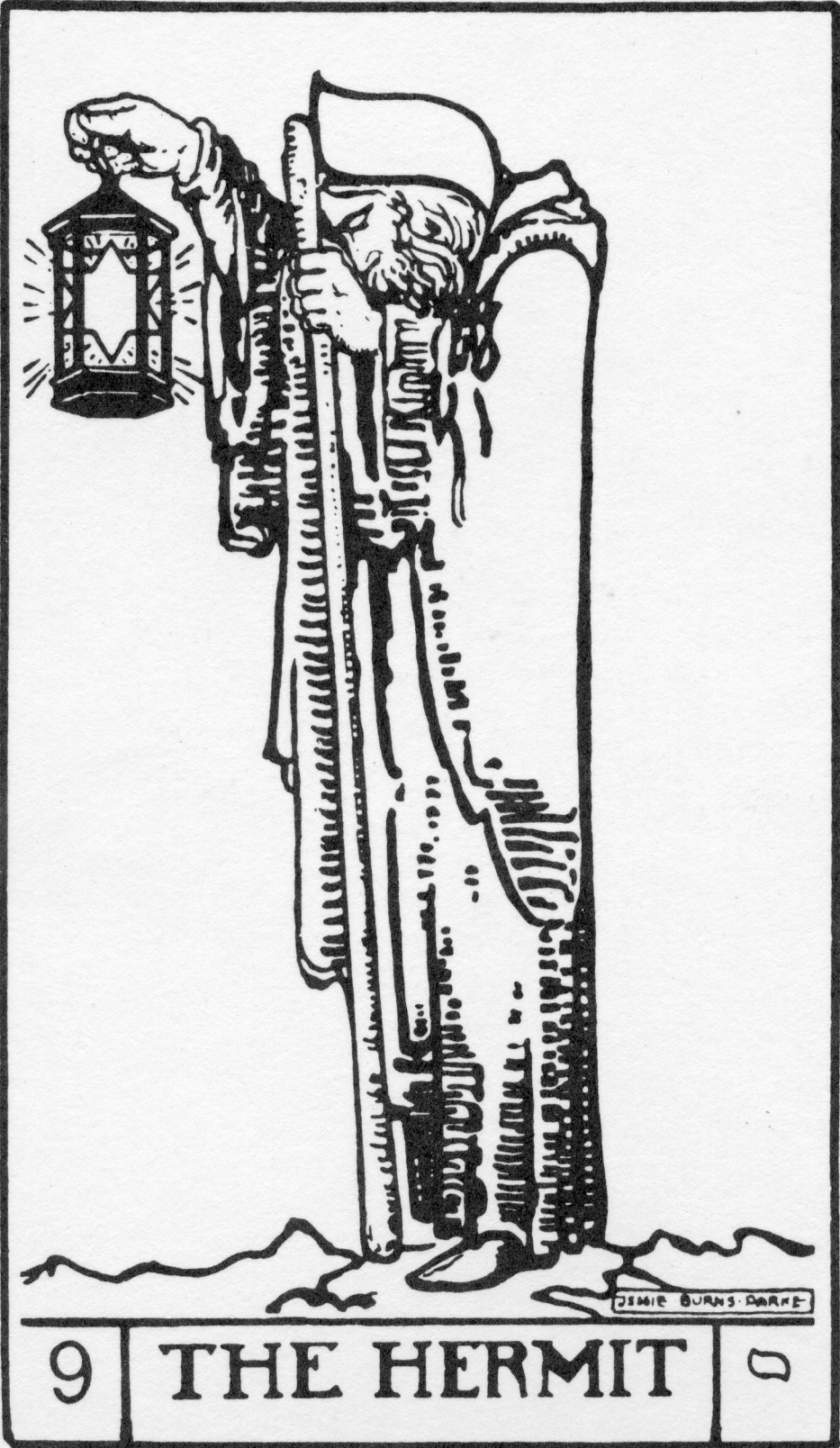
Theme: Solitude, introspection, and inner wisdom.

Connection to Holy Nights: As the nights grow longer, The Hermit brings a call for introspection and meditation. This night invites us to retreat within, reflecting on what we have learned during the previous nights and cultivating deeper spiritual insight.

Black is the Mystery

He has a Yod on his head

His lamp is the chalice and the blade, which lights his way – the balance of the Divine Feminine and the Divine Masculine – brain balance – Neocortex fully operational – lights his way through the darkness of the Mystery.





9

THE HERMIT



11th Holy Night: December 31 (New Year's Eve), Scorpio

Related to November

Begin the Artwork during New Moon: October 21 – Continue through the Full Moon – November 5
and onward through the Last Quarter
Contemplate Pluto and Mars

Sacrifice and Transformation

A time to reflect on the **sacrifice** required for spiritual growth and transformation, letting go of the past.

Focus: The willingness to release attachments and transform through inner sacrifice.

Nights 11-13: The Final Pathways (Unification and Renewal)

Themes: Unity, Divine Vision, Rebirth

Kabbalistic Focus: These final nights could focus on the integration of all the Sefirot and pathways of the Tree of Life, bringing all the spiritual work from the previous nights to a point of unification. The journey is one of renewal and spiritual rebirth, culminating in a new spiritual vision for the year ahead.

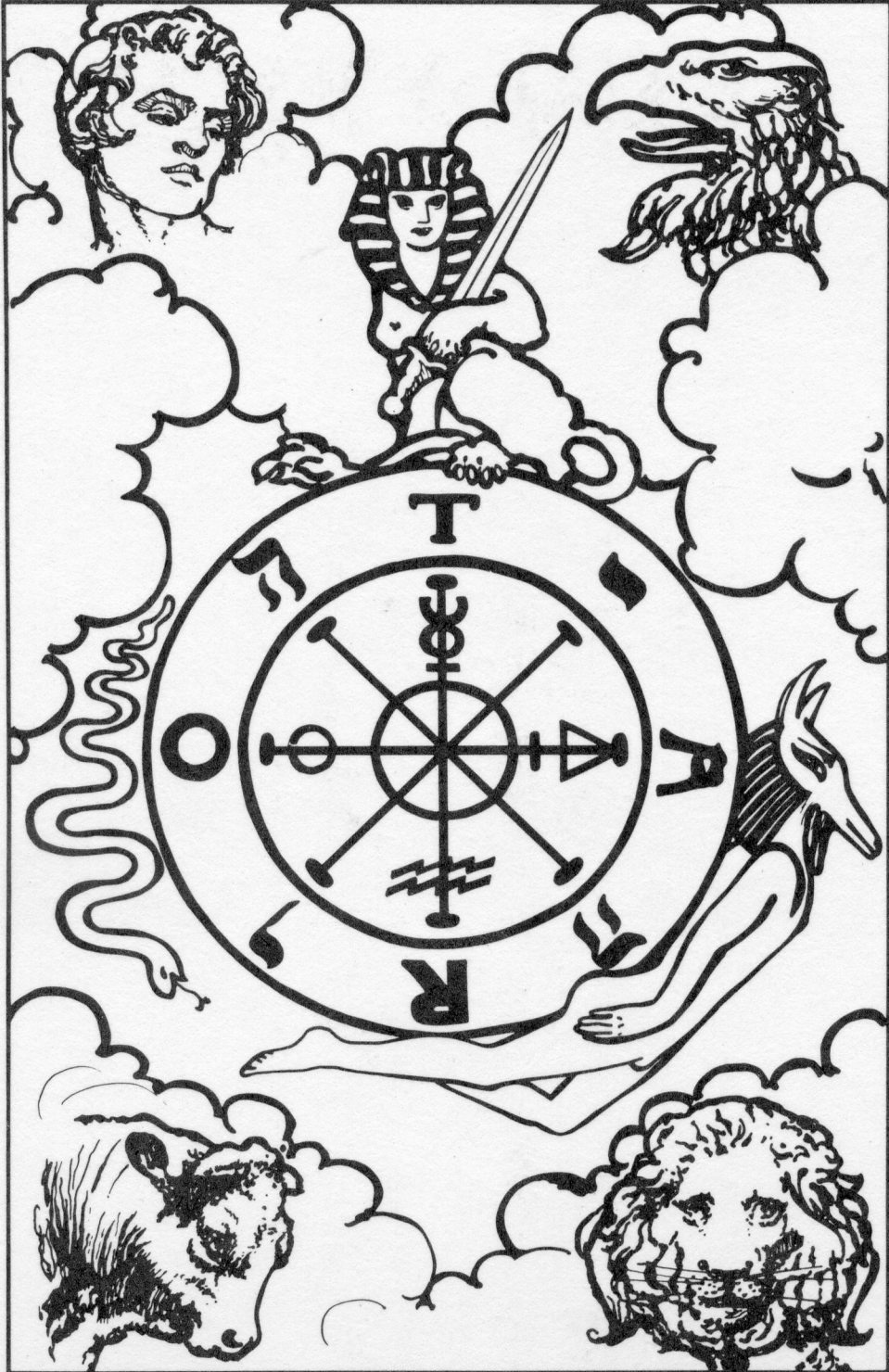
Practice: During the last nights, meditate on the unity of all aspects of your being. Reflect on the rebirth of spiritual awareness and the divine light entering your life as you prepare for the new year.

11. December 31 – Wheel of Fortune (X)

Theme: Destiny, cycles, and change.

Connection to Holy Nights: The end of the year is symbolized by the Wheel of Fortune, a time to reflect on the cycles of life, luck, and the unfolding of destiny. This night teaches us that life moves in cycles, and we are constantly being carried along by forces beyond our control, inviting us to embrace change and trust in the process.

As the Wheel turns, the letters read ROTA TARO ORAT TORA ATOR. These are Latin words which translates roughly as “The Wheel of Tarot speaks the Law of Nature. The red man with the head of the jackal represents the Egyptian God, Anubis who is about Truth.



10 WHEEL OF FORTUNE 5



10 WHEEL OF FORTUNE ♃

12th Holy Night: January 1 (New Year's Day), Sagittarius

Related to December

Begin the Artwork during New Moon: November 13 – Continue through the Full Moon – December 4
and onward through the Last Quarter
Contemplate Jupiter

The New Beginning

Reflecting on **new beginnings** and the intention to live in alignment with one's spiritual ideals for the coming year.

Focus: Setting intentions for the new year, spiritual resolution, and commitment to spiritual goals.

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- **Practice:** During the last nights, meditate on the unity of all aspects of your being. Reflect on the rebirth of spiritual awareness and the divine light entering your life as you prepare for the new year.

12. January 1 – Justice (XI)

- **Theme:** Balance, fairness, and truth.
- **Connection to Holy Nights:** The final Holy Night focuses on the themes of fairness and self-reflection. Justice encourages us to align our actions with truth, equity, and fairness, both toward others and within ourselves. It's a moment of self-assessment as we prepare to step into the new year.



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| 11 | JUSTICE | 5 |
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11

JUSTICE



13th Holy Night: January 1, Capricorn (this is for the following year)

Related to January

Begin the Artwork during New Moon: December 19 – Continue on through the Full Moon – January 3
and onward through the Last Quarter.

Contemplate Saturn

The Art will be done January 1, 2026

Gateway to the Future

This final night serves as a **gateway to the future**. It's a moment of clarity where one can align themselves fully with their spiritual path and prepare for the coming year.

Focus: New pathways, spiritual vision, and divine guidance for the future.

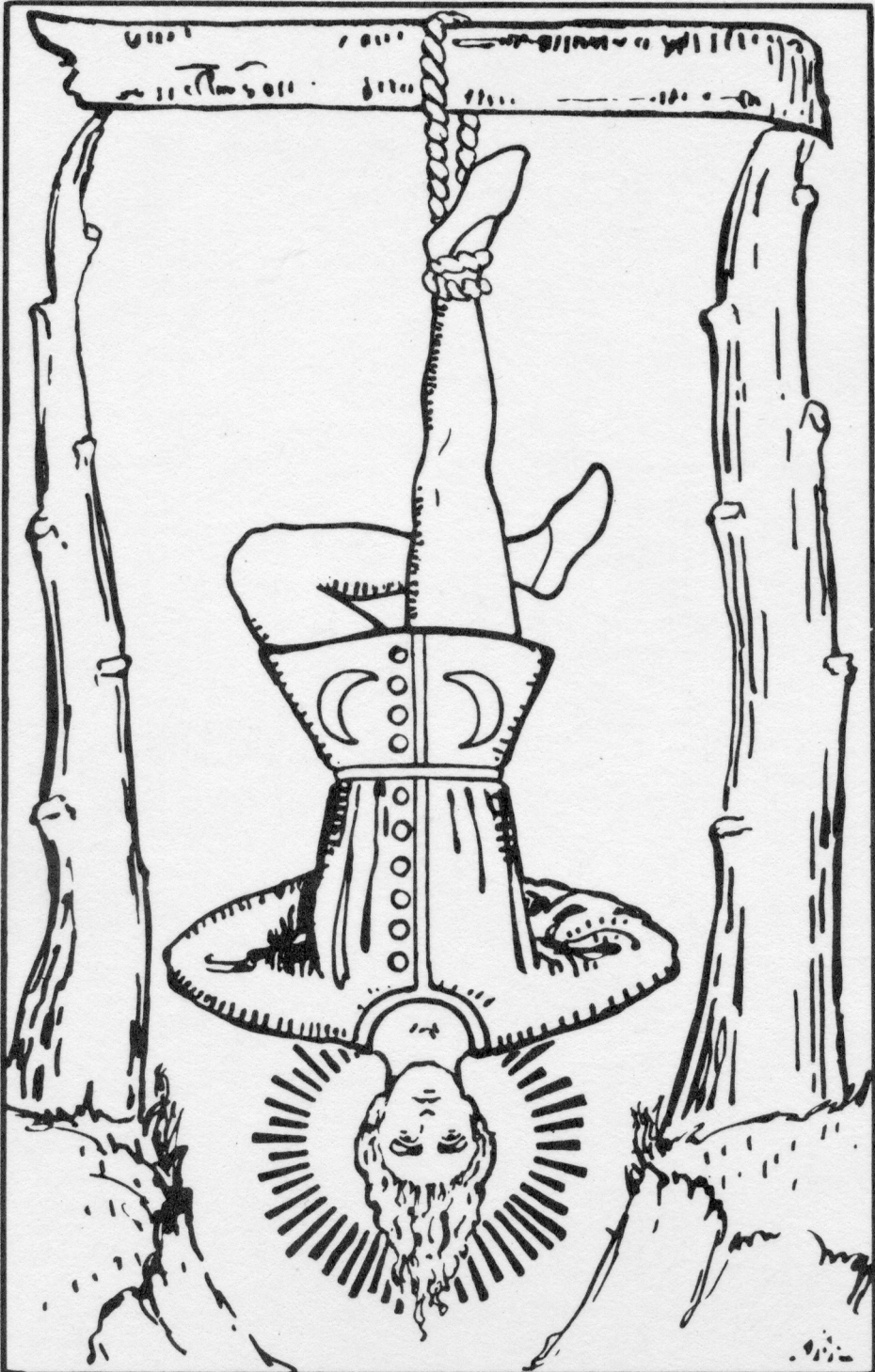
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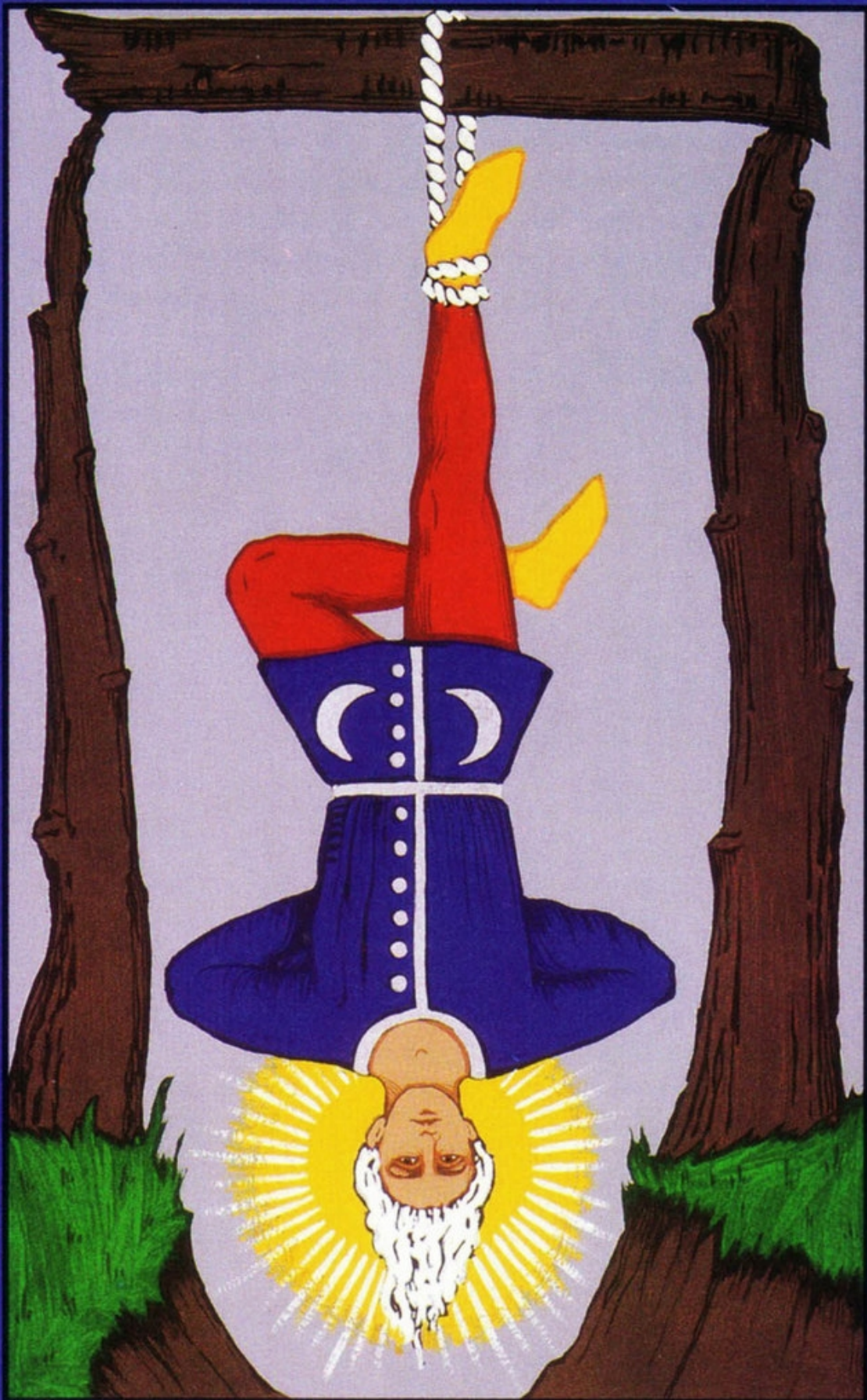
13. January 1 (continued) – The Hanged Man (XII)

- **Theme:** Sacrifice, new perspectives, and letting go.
- **Connection to Holy Nights:** After New Year's Day, The Hanged Man invites us to reflect on where we may need to surrender, release, or see things from a new perspective. This card challenges us to transform our approach to life and see beyond the immediate, letting go of outdated beliefs or behaviors in order to grow.

Grey – blended energies – of the elder wisdom...



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|----|-------------------|---|
| 12 | HANGED MAN |  |
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12

HANGED MAN



Conclusion

By combining **Kabbalah & Tarot** with the **13 Holy Nights**, we create a powerful and holistic spiritual practice that allows us to journey through the layers of divine wisdom, light, love, strength, and manifestation. This integration leads to deep personal transformation, inner alignment, and the manifestation of our highest spiritual potential as we move through the dark and light of the year, emerging renewed in the light of the Winter Solstice.