

**Comments On My Experience With Polarity –
The Kybalion, by Three Initiates, Copyright 1908.**

Ch 10 – Polarity – Everything has 2 poles.

Everyone has a trigger and they go off the deep end. This is also within the Law of Polarity – “Bi-polar”

Here’s my question to you – is it really “ok” to act like that?

Isn’t that bipolar activity at the root of our troubles? Think about all the groups you have tried to be involved in throughout your life. Was there not always someone who was too overbearing and the rest of the group sided, silently against them? This is Polarity.

Almost every single one of us has a crazy side – where we go off the deep end and yell and spew bullshit and we never say we are sorry – this is Polarity – looking good vs. admitting to having spewed Light vs. Dark – Love vs. Hate

No! Not me – you may be saying – well maybe you don’t remember it because it is so abhorrent to who you think you are that you can’t possibly be that way – well – when you shun it – that makes it into the “Shadow” -

How about in the car?

If you are married, you know what I am talking about – and this sort of behavior kills a marriage when it goes unaddressed. Is that the secret code in the marriage vow? To love, honor, and cherish in sickness and in health? Are they talking about the Polarity thing that everyone hides?

Many of us go into a black out rage and don’t remember this behavior! I have a friend who is getting divorced over this right now – because she got sick of dealing with her husband acting like this – but I know she has it too – she was just hiding hers under his – and her solution was to buy stuff and disassociate- that’s how her other Pole behaves when there is a louder Polarity to hide it under.

I have it – I still have it a little bit – but it’s gotten a lot better over the years – I came from extreme trauma – so not only did I have my own energetic crazy but I had it modeled for me by my dad. He was physically violent – and that’s of course what it leads to – but it can be just as bad when it’s screaming and yelling – raising your voice – spewing dark bullshit -

Animals – “pets” and children are recipients a lot because they can’t talk back

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Isn’t this what the Dark Occult Luciferians want to cultivate in us? So we can’t get along even with our own husbands and wives and kids and pets?

I can only speak for myself but is not this the real problem that we face?

That we have within us 2 Poles and gradations in between, and the Pole opposite to the one we like gets triggered and we have no control over and we go off the deep end on those closest to us? And they get caught off-guard and react – and it blows up into a terrible brawl? Or the other person just gets wounded and there are rarely apologies made?

This is the real Polarity – in our behavior – we show one face to the world and then the hidden face the opposite pole.

Polarity – yelling freak out vs. good, kind, upstanding people

And when we don't acknowledge it and don't admit it – we are lying which is a form of Theft and a violation of Natural Law – because Polarization is a Natural part of life – if we apologize then it can be integrated.

I had this one mentor, who has since passed – who told me that he made a commitment to never treat his 4th wife the way he had treated the other 3 – because he has learned - – and now he has a way out from behaving that way – so he inspired me to make the same commitment. So far so good, but it is an entire lifestyle change. It is the main focus of my life – to NOT treat people that way – so how?

Back to Natural Law – treat others the way you would like to be treated. But HOW?

How to find energetic neutrality?

There is no easy answer. It is a one day at a time, one moment at a time process, in which you have to clear away past mistakes – make changes – go back and mend broken promises and then going forward you have to keep your path clear and clean. You also have to find a meditation practice that actually works – meaning that you integrate the calm deepness of the meditation into your daily affairs, you have to live morally – you have to seek God in every action so as not to cause harm to others -

Acting out in a polarization leads to extreme cruelty and debase acts towards children and animals. The more out of alignment we are with Natural Law – the more we act like this –when it goes to an extreme – other spirits enter the person – and they can do things they never would normally do pedophilia, physical violence, adrenochrome drinking – alcoholism, drug addiction – When the 2 sides are not acknowledged in the Auric Field – that gives permission for other spirits to enter.

I know this sounds crazy but this is based on Quantum Physics which is basically what the Kybalion is illustrating for us – everything is energy – the all is in THE ALL and THE ALL is in All – and we are a mental construct of THE ALL – THE ALL slows down enough to create matter and all matter is conscious – therefore – there are spirits flying around everywhere all the time – the spiritual plane is the causal plane and if you are UNCONSCIOUS – spirits can enter your auric field.

Polarization is an energetic habit – what goes UP must come DOWN.

According to **Franz Bardon: Initiation into Hermetics**, there is “larvae” in the 4th dimension that feeds off of our “passions” – our passions are fueled by the Polarity and our non-acknowledgement of the polarity – and the larvae wants us to remain polarized so it can lead us into these activities because it feeds off the energy of us acting out our passions. If you are Unified under God / Self / Creator and acknowledge and integrate this energy – no other spirit can enter – but this requires humility – the ability to be “wrong” and constant vigilant action -

Right vs. Wrong – another polarity.

The goal should be Neutrality – in which we are aligned with Unity Consciousness – neither endorsing nor opposing – in all situations. When I am with a rager – leaving them is not the solution – finding a way for myself to be calm in all situations is the solution. It’s energy management.

Here’s the thing I see over and over and why “getting land together and going off the grid” is impossible for people in the freedom movement– because of this – this is why FORMAL CONSENSUS is needed because each person is in a different stage of this realization and embodiment – most people are no where with this – there is at least one loud mouth controller in every group and then there are the meek passive aggressive controllers and nowadays most just never show back up again.

This is something we should have learned to contain in childhood – if the goal was evolution – obviously the goal of the Dark Occult Luciferians has been Destruction.

It is my personal responsibility to manage my own Energy. I personally am all Air, Fire and Water and no Earth – so I am very hot-headed and loud. It is unseemly for a female to behave the way I behave naturally – I have had to learn to put a lid on it.

A lot of people use alcohol – which by the way – has it’s own spirit in it – so once they take enough – a disembodied spirit enters the body and has a field day with the person. Certain family lineages have a propensity for this way of dealing with it -

Others use drugs or sedatives to numb themselves to how they behave(d) while polarized.

Others use other things – and all that is so readily available these days – now we have pharmaceuticals to keep us “neutral” but dead.

The Dark Occult Luciferian Globalists know this about us and they use our Polarization for their advantage – we buy products when polarized – we don’t stand up for what is Right and our Rights when we are polarized -

If you grew up with polarized parents – you disassociate – leave the body – to deal with it. Disassociation is the opposite of Neutrality.

Some people have enough control that they only polarize with those closest to them. Some people, embarrassingly, do it in public – then they are pointed out as the outcasts of society.

This is a dis-ease of the collective – Polarity – then we all act like “we ain’t got it”

People buy each other gifts to be forgiven for an episode – they try to use material solutions for a spiritual problem.

The real solution is that each person has to commit to raising their frequency above acting that way acting and to do whatever is necessary energetically.

I have personally done this and that’s why I can speak to it One way to begin to get a hold of this is to apologize after every episode – in this way you acknowledge that darkness is part of you – then that blocks other spirits from entering and running wild with it – taking responsibility through an apology is the beginning of gaining control over it in order to integrate it.

Dismantling past traumas is another part of it also – getting rid of the triggers. But you can never fully get rid of triggers that were created from ages 0-7 during brain development.

Acknowledging that this is a part of you is mortifying – how can it be? But this drove me to find solutions – it’s an entire lifestyle shift.

I had to be moral – give up all the wild hairs – like gossip and slander that make me separate and different from “you” which feeds the polarity – comparing myself to other people and seeing where I am superior sets me up to be polarized into behaving like a total asshole later. Ultimately though – I personally had to find physical forms of meditation to balance myself.

Also allowing myself to get run down physically by not sleeping regularly and not taking care of myself if I am ill – makes me available to ruled by polarity.

It takes 2 to fight – that’s Polarity – If you decide to step out of the fight – and take on your energy – not by disassociating or using some “number or distraction” – but simply by having an energetic response of Neutrality – then you will build spiritual strength like no other.